

ONUGGETO

September 2015 Issue 7 39th Year

She Eagled the 7th Hole!

Madolyn McMahon got a great image of a bald eagle on the 7th hole at Fairway Village - her score was not reported!

Monthly Mania Winner! \$100 • Merrill King Boss Electric Corp.

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view this newsletter on-line at www.monthly-media.com

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Golden Gate Residents Association

8201 40th Street North, Pinellas Park, FL 33781

Paul Carter	President, Lot #87	460-5079
Don Kuzmickas	Vice President, Lot #140	579-9089
Rich Avitabile	Treasurer, Lot #99	576-7362
Dennis Dufault	Secretary, Lot #245	615-974-9424
Mike Sorenson	Director, Lot #433	568-9197
Jane Hotchkiss	Office Manager	577-9205

Office Hours: 9:00 a.m. – 2:30 p.m. Monday through Friday

Office Phone: (727) 577-9205 Office Fax: (727) 576-3287

E-mail Address: <u>goldgateresassoc@tampabay.rr.com</u> Emergency Number: (727) 578-2891



From your Board of Directors

There was no Board of Directors meeting scheduled in August, 2015. Our financial report for the month of July 2015 shows that income for the month was \$39,356 with expenditures of \$35,344. The financial statement for each month is posted on the bulletin board at the rear of the hall for everyone to review.

Caution! Driving on roads when we have a large volume of rain.

Slow Down!!!

From The Office

Shut off water valves

If you are using the water outdoors, please remember to shut off the valve at the house instead of just turn the nozzle on the hose.











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Road Trouble Serv. ...\$50 Each Occurrence

Additional Exp......\$30 Per Day / \$900 Each Occurance

Annual Paid In Full Premium....... \$884.99*

Quote Details: -67 married male, vehicle driven for pleasure use, superior credit, 5 year clean driving record on all licensed household operators -2008 Chevy Impala LT, garaged in Pinellas County zip code 33771, equipped with Air-Bags, ABS and Anti-Theft device

*NOTICE: Acceptability of all proposed applicants subject to underwriting approval, premium rates are subject to change. Rates will vary based on age of operator, driving record, credit history, garaging address and type of vehicle.



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GOLDEN GATE NUGGET SEPTEMBER. 2015 D

Multiply Your Monthly Mania!

s you probably already know; patronizing the advertisers in this newsletter also pays YOU with our Monthly Mania Cash Give-a-Way. We pay out \$400 every month to residents who submit tickets they have received from using the businesses in the newsletter. Winning is easy, just patronize any advertiser in the newsletter, then submit either the ticket or a paid receipt to us for your chance to win!

Now You Have More Chances to Win!

We are now offering unlimited entries into our Monthly Mania drawing by just SUGGESTING a business to advertise.

Here is how is works:

- 1. Call our office and suggest a business to advertise in the newsletter
- 2. We will take down your information (name, address, phone number) and enter you into the next month's drawing for over \$400 in cash prizes
- 3. The more businesses you suggest, the more chances you have to win. (To qualify each resident can only suggest a business once)

What businesses would you like to see advertising? We have spots available in the following categories:

- Accountant/Tax Prep
- Assisted Living Facility
- Attorney/Lawyer
- Automotive Painting/ Detailing
- Automotive Repair/Sales
- Awnings
- Banks
- · Bathroom Remodel
- Bicycle Repair & Sales
- Bingo
- Chiropractor
- Computer Services
- Dentist
- Driveway Coating
- Fitness Center/Gym
- Floor Coverings/Retail

- Foot Specialist Podiatrist
- Golf Cart Sales & Service
- Hair Salon/Day Spa
- Hearing Aid/Retail
- Home Care
- Home Furniture & Mattress
- House Cleaning
- Insurance Home/Auto/Health Restaurants
- Investment/Brokerage
- Jewelry Sales/Design/Repair
- Manufactured Home Sales
- Massage Therapy
- Medical Doctor
- Mobile Home Supplies -Retail
- Motorcycle/Moped Sales & Repair

- Moving Services
- Optometrist
- Painting Inside & Outside
- Pet Services
- Pharmacy
- Remodeling/Interior
- Resale Store
- · Screen Repair
- Storage
- Taxi/Shuttle
- Travel Agent
- Veterinarian
- Window Film/Tinting
- · Window Washing
- Window Treatment/Interior



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Maintenance Staff Assistance

If you identify a maintenance item around the Community, please ask someone in the office (Jane or a member of the board) to complete a work order for Lam or Jim. This allows them to track, prioritize and complete their daily work load. Thank you!

Soliciting

oliciting of any kind is not allowed in Golden Gate. If anyone comes to your door trying to sell anything, please be safe and just say no thank you; close your door and <u>call the police</u> non-emergency number (on page 2 of the Golden Gate Telephone Directory (727) 541-0758. Do not confront the solicitors and remember you are not being "mean" when you call the Police you are protecting yourself and your Community.

Articles for the Newsletter

ny article submitted to the Golden Gate Newsletter should have the author identified. If you have a computer with an email connection, articles may be emailed to ggmedia@tampabay.rr.com, preferably by the Monday before the third Tuesday of the month. The Board of Directors' Meeting is the third Tuesday of the month and the agreement with the publisher gives us up to the day after the meeting to deliver copy to be published. If you don't have a computer you may continue to deliver a double-spaced paper copy, again, preferably by the Monday before the third Tuesday of the month.

Returning Residents

If you are returning to the Community after being gone for the summer, please put a note on the outside of your box stating you are back. Also please remove sticker dot from your box.

Thank you.

WEED PROGRAM

s most of you are aware, we have a problem with the growth of weeds during the summer months, typically May through September. The weed problem we are concerned about is in the planter boxes and the front of the homes. Even those homes that have mulch or stones in the planter boxes will have weed growth.

The board does send "friendly reminders" to alert residents as stated in rule #16..."Each shareholder is responsible for the neat and orderly appearance of his or her premises at all times.

However, the general response to the friendly reminders has been less than satisfactory.

We would like to aid in solving this problem by having our maintenance staff spray weed killer in the planter boxes or in front of the home for any resident that desires to participate. There will be a \$40.00 per year fee to cover the cost of the material for spraying from May through September. If you wish to participate in this program, send a check or pay cash to Jane in the office. If you choose to participate in this program, our maintenance staff will spray, beginning in May and ending in September. However, if you have ornamental plants that could be harmed by the spraying, you will have to make other arrangements, since we will not be responsible for any damages. If you choose not to participate, the weed issue for planters and the front of your home will continue to be your responsibility, and be subject to the terms of rule #16 concerning work done in your absence.

SUMMER OFFICE HOURS

The Office will be closed on Fridays, through September 4, 2015. Please plan to conduct any office business you may have from Monday through Thursday during this time period. Don't forget, there is a self—serve copy machine in the hall near the entrance to the Patio for your use. If you have an emergency and need something from the Office on a Friday during this time-frame, you can call the out-of-hours number ((727)-578-2891) and the Director on call will assist you. Thank you and have a GREAT Summer.

Sidewalk cleaning

Due to the heavy rain we experienced last month we were unable to begin the pressure washing our sidewalks as planned so we hope begin this month. The sidewalks in the worst condition will be done first. For anyone who is not in residence at the time of their cleaning, no water will be turned on at your home.

Open Door Policy

The Board of Directors at Golden Gate have always had an "open door policy". There are a number of ways for you to discuss any Community issue with them either during the summer months or during the peak season. At least one Director is in the office between the hours of 9:00 AM and 11:00 AM that you can request to speak to; you can write a letter or email, or there are intake forms to submit issues that will be kept confidential and responded to, and they conduct Director's Workshops on Thursday mornings at 9:30 AM to discuss, plan and schedule work programs on items as they arise. A notice of these workshops is posted on the bulletin board by the Tuesday of the week they are scheduled.

As you know, being on the Board is a volunteer job. Please utilize any way listed above to bring issues to their attention. Please respect that outside of these venues, they are retired

Continued on page 10



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citizens just like you and enjoy their "free" time with their spouses in this beautiful Community you all enjoy.

Golden Gate Church

The Church in The Park

on-denominational Services: 8:45 AM –Sunday– Golden Gate Hall Don Kuzmickas–(Lot 140)

We continue to enjoy Pastor Bowers' teachings. Come and enjoy overhead projection. Neighbors Helping Neighbors is still active. If you need any help around your house, call Paul Carter or Don Kuzmickas for more information about the program and we would be glad to help if possible.

Don't forget your swords (your Bible).

Birthdays September 2015

1	Debra Stika	98		Sharon Wilhelm	313
	Judy Sornson	251	17	Sandra Brady	227
3	Shirley Clarke	225		Edwin James	85
	Anthony Drake	403	18	Kimberly Calvert	176
5	Alfred Åbell	301		Barbara Picco	268
	Robert Doucet	252		Richard Wuertz	88
	Kathy Naples	32	19	Pamela West	123
	Elena Savino	256	21	Mary Braley	408
6	Sharon Rodgers	56		Francis Orzel	276
	Ruth Wells	287	22	Sylvie Turgeon	194
	Georgina Woodin	153	23	Raymond Krsak	98
8	Mary Purcell	24	24	Earl (Bob) Sullivan	427
10	Richard Widell	81	26	Verna Doucette	55
11	Barbara Duerr	86		Lynette McCreary	134
	Joanne Snyder	182		Martin Nusbaum	119
12	Robert McDermott	213		Francis Picco	268
13	Janet Beard	83	27	Louis DiNardo	295
14	Geoffrey Murphy	205	28	Normand Guilmette	193
15	Helga Amaral	65	29	Roberta Fournier	422
	Paul Kuhn	128		Arthur Payne	186
16	Arthur Costello	291		,	



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Anniversaries September 2015

1	Edna & Arthur Payne	186
2	Judith & Brad Graves	430
4	Sandra & Alfred Abell	301
6	Susan & Joseph O'Byrne	279
8	Shirley & Ross Steele	283
9	Margaret & Michael Hay	230
10	Janice & Marvin Dearing	299
12	Maureen & Harold Harvey	141
13	Geraldine & Winston Howell	274
16	Sherry & Ronald Surber	285
17	Dianne & James Clements	275
22	Marie & Richard Avitabile	99
	Donna & Robert Biggs	16
23	Joanne & Walter Hornung	3
24	Lilly & Shirley Clarke	225
25	Patricia & John Oscien	44
	Rosemary & Bruce McIlvoy	76
28	Kimberly & John Calvert	176
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A Complete Listing of Resident Services can be found on the page before your calendar

City life? Not for all young adults

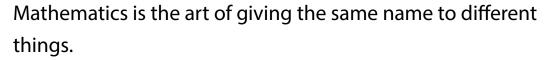
The TV sitcom Friends depicted a group of young New Yorkers enjoying life in the big city—but in the end, at least two of them chose to move to a house in the suburbs. Young adults in real life appear to be making the same choice (without the laugh track). A survey of more than 1,500 people born since 1977, released by the National Association of Home Builders, found that few of them want to remain in the city for their entire lives.

Sixty-six percent indicated they'd like to live in the suburbs, and 24 percent have their hearts set on a rural residence. Only 10 percent want to live in the center of an urban area. They're mostly looking for space: Eighty-one percent said they want three or more bedrooms wherever they end up living.

Online videos bigger than TV these days

Video has taken over the Internet, especially among the younger generation. A survey of 13-to 24-year-olds by Defy Media found this evidence of the influence of YouTube and other video providers on youthful fans:

- Millennials watch an average of 11.3 hours of free online video a week, and 10.8 hours of subscription video—but only 8.3 hours of scheduled broadcast TV.
- Videos are more popular than online TV content. Seventy-six percent
 of young people in the survey said they find YouTube more entertaining than TV programs (more popular with 55 percent of participants).
- They're tolerant of advertising on the Internet. Fewer than half—41 percent—said online videos have too many advertisements, but 63 percent feel TV does.



—Henri Poincaré

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Largo Tech Services, LLC	727-474-4285
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Velocity Air	727-754-7956
DRIVEWAY COATING	707 700 5444
Concrete Wizard, Inc.	/2/-/89-5444
ELECTRICAL CONTRACTOR Haseney Electrical Services, Inc	707 444 0424
Imperial Electrical Services, Inc	727 535 0708
FLOOR REPAIR	121-333-0100
Flatworks	727-288-4680
Florida Anchor & Barrier Co	727-330-7821
Perfect Repair & Construction, Inc	727-539-0852
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Royal Enterprises PAINTING/INSIDE & OUTSIDE	727-394-7351
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SEPTEMBER • 2015

Sunday	Monday	Г
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Golden Gate

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Get the full impact from these healthful foods

ertain foods have definite health benefits, but you have to eat them the right way to get their full impact. Here are some common foods you might be eating "wrong," according to the CNN website:

- Flaxseed. Full of fiber and omega-3, these little seeds may improve your heart health—as long as you grind them up first. Sprinkling them whole over your cereal or yogurt will keep their nutrients locked inside.
- Broccoli. Eat this raw or steamed, not cooked, to receive the full dose of vitamin C, chlorophyll, and antioxidants this vegetable offers.
- Strawberries. Slicing this delicious fruit exposes its healthful nutrients to light and oxygen, which can dilute their effects. Eat them whole, or hold off cutting them until the last minute
- Garlic. The enzyme allicin, found in garlic, may help ward off cancer, but its benefits are more pronounced when it's exposed to air. Let garlic sit for about 10 minutes after chopping to release this enzyme fully.
- Tomatoes. Fresh tomatoes are tasty, but you're better off cooking them. The antioxidants in them increase in potency when they're heated to about 190 degrees Fahrenheit.

Stone tools point to early use by primitive humans

I umans have been using tools for longer than we've known. As reported by the journal Nature, a team of archeologists in Kenya have found stone tools dating back 3.3 million years, some 700,000 years older than the oldest tools previously discovered.

Before this find, the oldest known stone tools came from sites in Ethiopia and were believed to have been used some 2.6 million years ago. Still, evidence of earlier tool use suggested that humans may have been using stone for longer than that—fossils of animal bones, also in Ethiopia, show signs of cutting some 3.4 million years ago.

The Kenyan tools were dated with an analysis of the sedimentary layer where they were uncovered. Scientists speculate they may have been used to open nuts or fruits with hard surfaces. Weighing in at about 6.6 pounds, the tools are 10 times heavier than any stone tools discovered so far.

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Keep relationships healthy over long distances

en years ago, some 2.9 percent of all marriages were long-distance relationships. Today that number has grown. Maintaining any kind of relationship takes work; when partners are separated, the effort grows. Keep your relationship steady and solid with these tips:

- Set ground rules. The secret to success in a long-distance relationship is managing expectations. Talk over how you'll handle the separation—who will be responsible for bills, child care, and other household issues. Do this ahead of time so nothing falls through the cracks. Set up a schedule for regular phone calls so you can plan conversations effectively.
- Communicate—but not too much. Regular contact is essential to the health of any marriage, so make a point of getting in touch as often as you need to. Just don't overdo it. If one partner feels crowded or badgered by insistent demands, he or she may back off, making the relationship even more complicated.
- Vary your channels. Don't rely on the telephone alone. Use e-mails and texts to send quick messages without interrupting the other person at work or at an awkward moment. Variety helps strengthen any relationship, so look for different ways to connect.
- Plan positive visits. You'll want to get together with your partner as often as you can. Don't put too much pressure on yourselves to make each visit spectacular, though. Give yourselves time to relax so no one feels personally responsible for the visit's success. You both need some downtime to get used to being with each other again.
- Be flexible. Travel plans can change at a moment's notice. An emergency may delay or interrupt a phone call. Although you're disappointed, do your best to respond positively and patiently when other demands disrupt your planned activities. Getting into a fight over every minor crisis won't keep your relationship strong.

Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity.

—John F. Kennedy

View this Newsletter in full color at www.monthly-media.com right click with mouse to download to your computer

Keeping up with current events

Tow much do you know about current events? The Pew Research Center News IQ survey examined the knowledge of more than 3,000 U.S. residents in an interactive quiz that asked them to identify a series of photographs, charts, and maps. Here's how the participants measured up when asked to ...

- Identify a photo of Martin Luther King Jr.: 91 Percent
- Identify the country led by Kim Jong-il from a photo (North Korea): 82 percent
- Identify the location of Guantanamo on a map (Cuba): 78 percent
- Name the country the U.S. recently re-established relations with (Cuba): 76 percent
- Identify the proposed route of the Keystone Pipeline on a map: 73 percent
- Identify Malala from a photo (2014 Nobel Prize winner): 93 percent
- Identify Pope Francis's home country on a map (Argentina): 52 percent
- Give the correct number of female Supreme Court justices (three): 33 percent

Have you taken your fish oil today?

atural dietary supplements are big business in the U.S. As part of the National Health Interview Survey, researchers looked at the use of natural supplements other than vitamins and minerals. Comparing figures from 2002, 2007, and 2012, the trends they found include:



- Fish oil. This was the top product used by adults in 2012, as well as among children (though in 2007, Echinacea was the most popular supplement among children).
- Melatonin. This sleep aid came in second for children in 2012, increasing significantly from 2007
- Glucosamine/chondroitin. Use of this decreased between 2007 and 2012, along with a drop in the use of Echinacea and garlic.
- Ginseng. This showed another large decline from 2002 to 2007, along with the use of Gingko.
- Green tea and milk thistle. Use of these held steady (though low) between 2007 and 2012.



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ACROSS

- 1. Terror
- 5. Aromatic solvent
- 10. Website addresses
- 14. Tardy
- 15. Cognizant
- 16. Midday
- 17. God of love
- 18. Likeness
- 20. A painkiller
- 22. Hypodermic
- 23. Fitting
- 24. Not younger
- 25. Jubilation
- 32. Severe pain
- 33. Virile
- 34. Kitten's cry
- 37. Violent disturbance
- 38. Repaired
- 39. Angel's headwear
- 40. Eastern Standard Time
- 41. Not inner
- 42. Stogie
- 43. Transparent45. Napped
- 49. Dekaliter
- 50. Misinform
- Pettifogger
- 57. Impossible to satisfy
- 59. Hawkeye State
- 60. Adolescent
- 61. Gloomy, in poetry
- 62. A song for 2
- 63. At one time (archaic)
- 64. Marsh plant
- 65. Makes a mistake





15 16 18 20 23 24 26 27 32 33 35 37 38 39 40 42 44 49 47 50 55 57 58 59 60 61 62 64 63 65

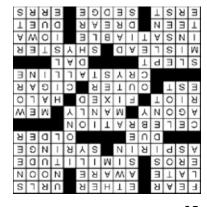
DOWN

- 1. Parasitic insect
- 2. Hearing organs
- 3. At the peak of
- 4. Occupant
- Less difficult
- 6. Identical or fraternal
- 7. An unskilled actor
- 8. Twin sister of Ares
- 9. Depend
- 10. Up to
- 11. Not square
- 12. Hostel
- 13. Contemptuous look
- 19. Sarcasm

- 21. Red gemstone
- 25. Concern
- 26. Auspices
- 27. Plunder
- 28. Friendliness
- 29. What we pay to the govt.
- 30. Unreactive
- 31. Not young
- 34. Wise men
- 35. Distinctive flair
- 36. Be dressed in
- 38. Pelt
- 39. Brae

- 41. Group of 8
- 42. Kaolin
- 44. Cling
- 45. Strike
- 46. A protective covering
- 47. S S S S
- 48. Flora
- 51. Helps
- 52. Have the nerve
- 53. Smelting waste
- 54. See the sights
- 55. Pitcher
- 56. Rodents
- 58. What we sleep on

September Crossword



September Sudoku

How to play: The numbers 1 through 9 will appear once only in each row, column, and 3x3 zone. There are 9 such zones in each sudoku grid. There is only one correct solution to each sudoku. Good luck!

Difficulty level: medium.

		7	4				8	
			3		6			
	8			5				
8								6
4							2	9
	7	3	6	2				1
7			9			5		
		1			3		9	
	5	4						



Back to School!



ω	7	1	œ	9	2	7	9	6
8	6	4	ω	7	5	ı	2	9
7	9	9	7	1	6	8	ω	L
L	Þ	8	6	2	9	ω	L	G
6	7	7	G	ε	8	9	l	Þ
9	S	3	L	Þ	L	7	6	8
Þ	3	9	7	9	7	6	8	ı
Z	ı	6	9	8	з	G	Þ	2
G	8	7	_	6	Þ	L	9	3

Difficulty level: medium.

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EVENTS & PROGRAMS

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ATTENTION RESIDENTS!

Did vou know this Emporium/ Classified listing reaches over 21,000 homes in Pinellas County? It goes into 60 community newsletters (just like this one) from Dunedin to St. Petersburg. This is a great market to sell items, advertise your next event, try and get help for a function, and many other great things. Remember to think about this the next time you're planning something.

-Monthly Media Staff

OCTOBER AD DEADLINE - SEPTEMBER 10, 2015

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284. Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit.
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(Allow 4-6 weeks for mailing of check). This month's cash winners are:

		or oncome,: Trine morning e duci
Merrill King	.\$100	Boss Electric Corp.
Steve Vague	\$10	Shawn & Shawn Moving
Gary Nowlyn	\$10	Air Masters of Pinellas
Mary Lon Robinson	\$10	Buggin Out Termite & Pest Control
		Ron Wyngarden MH Washing
Barry Kelly	\$10	Heller's Mobile Home Washing
Bob Andreas	\$10	E & E Gliddon Air Conditioning
Thelma Payne	\$10	Largo Plumbing
Steven Wood	\$10	Natures Resource Pest Control
Gloria Biggs	\$10	Jones & Sons Plumbing, Inc
Hal Gray	\$10	Bob's Appliance Repair
Donald Terrill	\$10	Ray Duncan Plumbing
Bud Mueller	\$10	Appliance Specialty
Ruth Ann Zandy	\$10	Barron's AC & Appliance
Nancy Stierle	\$5	Ron Wyngarden Moble Home Wash
Maureen Koebel	\$5	Bob's Mobile Home Washing
Edward Lowell	\$5	Boss Electric Corp.
		Battleline Termite & Pest Control
Linda Reed	\$5	Appliance Specialty
		Medicine Shoppe of Dunedin
Joseph A. Lopez	\$5	Bob's Appliance Repair
Steve Lynch	\$5	AMS West Coast, Inc.
Scott Ditto	\$5	Air Masters of Pinellas
Gwendolyn R Burgess	\$5	Bill the Carpet Guy

viilleis ale.		
Rosemary Merrill	\$5	Haseney Electrical Services
Marilyn Ventura	\$5	Kathy's Cleaning Service
Al Taufiq	\$5	Modern Pest Control
Sharon Rop	\$5	Knoblach Hearing Care
		Dr. Peter M. Mason
Marilyn Stringham	\$5	Jones & Sons Plumbing, Inc
		Dunedin Plumbing, Inc.
Margie & Bud Barr	\$5	Chambers Specialties, Inc.
Joan Hernann	\$5	Knoblach Hearing Care
Linda Littell	\$5	Heller's Mobile Home Washing
Ben Roth	\$5	Haseney Electrical Services
Irene Haskell	\$5	Bob's Mobile Home Washing
Barbara Whitman	\$5	Doll Brothers Carpet & Upholstery
Gloria Lamoureux	\$5	Modern Air Conditioning & Appliance
Susan Halloian	\$5	Doll Brothers Carpet & Upholstery
Joe Haberstroh	\$5	Bill the Carpet Guy
Clyde Walker	\$5	Sunset Appliance Service
Barb Kansorka	\$5	Jones & Sons Plumbing, Inc
Diane Heath	\$5	Natures Resource Pest Control
Jerry Hadley	\$5	Modern Air Conditioning & Appliance
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Monkey see, monkey do, monkey—cook?

I umans and chimpanzees share many genetic traits, and scientists have recently discovered one that may surprise fans of the Cooking Channel and the Food Network: a basic understanding of how to cook food.

Chimps have long exhibited a preference for cooked food over raw. A team from Harvard and Yale decided to see if they could be taught to "cook" food on their own. Observations have shown that chimps are willing to give up something like a slice of raw sweet potato if they expect to receive a cooked one in a short time. To test their hypothesis, the scientists devised a process to mimic cooking (since they didn't want the apes to use actual heat): two plastic bowls that fit closely together, with a bit of pre-cooked food hidden in the lower bowl

The scientists would put a piece of raw potato into the bowl, then switch it after a few minutes for the cooked one. After a while, the chimpanzees began doing the same thing—placing a piece of food into the bowl, waiting, then looking for the tastier result.

The researchers believe this shows a basic cognitive ability to understand the cooking process, as well as the patience to carry out—traits that may have driven crucial changes in human evolution.

Follow the right FORM for effective innovation

Innovation may seem spontaneous, but it generally succeeds because the groundwork has been methodically laid ahead of time. To spark creative thinking in your organization, follow consultant Charles Day's acronym FORM:

F: Focus. Start by deciding what's important to your team and organization. What were you created to achieve? Identify the key goals of your vision so you have something to work toward.

O: Organization. Decide on a structure for developing and implementing ideas. Who is responsible for specific tasks? What jobs should be shared? How will you make decisions?

R: Resources. Gather what you'll need to implement your plans. This includes not just tools and materials, but people. Identify the types of talents you'll need to bring an idea to reality.

M: Measurement. Look to the end as you begin. Determine how you'll know whether you've succeeded or failed. Goals should be specific and clear to everyone, and they must be relevant to your organization's vision.

Probe your personality to achieve lasting results

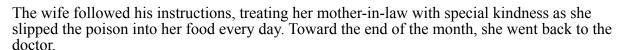
People who succeed at their jobs, in their careers, and at the game of life are generally aware of their strengths and honest about their weaknesses. If you want to achieve greatness, focus on these key elements:

- Identity. Who are you? Don't think about your job, but your values and deepest beliefs about people and life.
- Accomplishments. What have you already done in your career? Examining your past successes can help you move forward to new victories.
- Reputation. How do others see you? Get some honest feedback. If you're not happy with the answer, improve your attitude so people see a more positive you.

The Best Antidote

young wife lived with her husband's mother. Although she loved her husband, she found her mother-in-law impossible to deal with. In her desperation, she decided to poison the woman and get her out of her life.

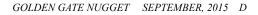
She found a doctor willing to help her. As he gave her the poison, the doctor said, "Just so that no one suspects you, treat your mother-in-law as nicely as you can. Give her a little bit of this poison every day, and in a month your problems will be over."



"Something strange happened," she said. "Ever since I've been nice to her, she's been nicer to me. Now she seems more like a friend than a mother-in-law. Can you give me an antidote for the poison before she dies?"

The doctor smiled. "I gave you ordinary vitamins. The only poison was in your own mind."

The world is shaped by two things—stories told and the memories they leave behind.
—Vera Nazarian





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